

SENSORY PLAY HOW TO MAKE

PLAYDOH

Ingredients:

1 cup flour
2 tsp cream of tartar
1/2 cup salt
1 tbsp cooking oil
(olive oil or
vegetable oil
1 cup water
food colouring

Method:

1. In a large bowl, combine all of your dry ingredients and mix well.
2. Mix food colouring with your water first. Then add the vegetable oil & water with food colouring to a large pot. Mix together.
3. Add the dry ingredients to your pot and mix well.
4. Cook over low to medium heat until the dough starts to form and becomes dry. Once it starts to form a ball together and looks fully cooked, take off the heat.
5. Let the dough cool. Once cool, knead the dough for 5 minutes to make the dough soft.



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