

SENSORY PLAY
THE POSSIBILITIES ARE ENDLESS...!
IDEAS AT HOME

SQUISHY PAINT BAGS - Squeeze paints into ziplock bags (primary colours work well). Seal and tape closed. Use fingers to squeeze and spread the paint. You can even use cotton buds to mark make.

PASTA AND SPAGHETTI - Cooked and uncooked makes for some fun messy play! Explore textures, from dry to sticky, add more water and see how it feels again! You can even paint it!

JELLY- Offers wonderful sensory experiences including of course delicious smells! A great idea is to make different jelly flavours and colours in different moulds. Build and explore with them before mixing it all up of course! You can even hide things inside the jelly to find!

SOAP FLAKES -Great for sensory fun! You could try adding glitter or food colouring in with the soap flakes to create an exciting and versatile sensory experience.



IF YOU WANT ANY FURTHER IDEAS GET IN TOUCH

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